

Enter your FULL NAME and EMAIL ADDRESS to receive your results and a <u>\$15 OFF COUPON</u> for any products or aesthetic service at our office!

Full Name

Email Address

Please check all that are true about your facial skin. (Multiple answers are preferred.)

- □ I can use any soap to wash my face without developing dryness
- □ I do not apply any products to my facial skin after cleansing
- □ I never or only occasionally apply a moisturizer
- □ I apply a moisturizer to my face once a day
- □ I apply a moisturizer to my face twice a day
- □ I develop dryness after washing my face

Please check all that are true about your facial skin. (Multiple answers are preferred.)

- □ My facial skin is rough or dry
- □ My facial skin is oily in some areas
- □ My face is very oily
- □ My face is uncomfortable if I do not use a moisturizer
- □ I like the feel of heavy creams and/or oil on my skin
- None of the above

Check all of the following that you are prone to:

- Acne (pimples)
- □ Facial redness and/or flushing
- □ Stinging or burning
- □ Allergic Reactions to skin care products
- □ Irritation from shaving the face
- □ None of the above

Do you have uneven skin pigmentation and want to lighten dark spots and patches on your face?

- □ No, I do not have uneven skin pigmentation on my face
- □ Yes, I have freckles or sunspots on my face that I want to lighten
- Yes, I have uneven skin pigmentation AND I want to lighten the dark, uneven spots on my face
- □ I have freckles, sunspots, or uneven skin tone but I do NOT want to lighten the spots on my face

Check all that apply to you.

- □ I have smoked over 50 cigarettes or cigars in my life or I am exposed to second-hand smoke weekly
- □ I have been to a tanning bed more than 3 times in my life.
- □ I am exposed to the sun for over 3 hours a week.
- □ My face has been sunburned and peeled more than twice in my life.
- □ One of my parents has more wrinkles than other peers their age.
- □ I do not wear sunscreen every day
- None of the above



What types of issues do you have with the skin under your eyes? (Check all that apply.)

- Dark Circles
- □ Fine Lines & Wrinkles
- Puffiness or Bags
- Hollowness
- □ No issues with Lower Eyelid Skin

Check all of the following that are concerns that you would like to address with your medical provider at this visit or at a later date.

- Acne Scars
- □ Broken Blood Vessels on the Face
- □ Angiomas (cherry red bumps on skin)
- Leg "Spider" Veins
- Excess Chin Fat
- Excess Facial or Body Hair
- Enlarged Pores
- □ Hair Loss of Thinning of hair on head
- □ Hands Brown Spots and Sun Damage
- □ Hands Thin & Boney
- □ Loss of Fullness in Face (thin face)
- □ Loss of Fullness in Temples (upper part of face)
- Sagging Facial Skin
- Skin Tags
- Stretch Marks
- □ Thin or Sparse Eyelashes
- □ Thin lips
- □ Wrinkles on forehead
- □ Wrinkles frown lines between brows "11s"
- □ Wrinkles around eyes "crow's feet"
- □ Wrinkles on or around mouth or lips
- □ Wrinkles on cheeks
- □ Nasolabial folds or "Marionette lines"
- Downturned corners of the mouth
- "Pebbled" Chin
- Easy Bruising
- □ Sagging, cords, or lines of the neck
- Unwanted tattoos
- □ None of the above

What type of daily facial sunscreen do you prefer?

- □ Chemical block (less white)
- □ Chemical free Physical Block (zinc oxide, may be white)
- □ Tinted (has color)
- Untinted (white or clear)
- No preference

Are you Pregnant or Breastfeeding?

- Yes
- 🗆 No