

Does retinol really help?

Retinol and retinoids are medications that bind to retinoic acid receptors within the skin, where they turn on good genes (like The ones that promote collagen production) and turn off bad genes (such as the one that prompts the production) and turn off bad genes (such as the one that prompts the production of an enzyme that breaks down collagen). Collagen production slows in your 30's, so the earlier you start a retinol, the better for your skin. Retinols help promote the skin's natural exfoliation process so the skin can look healthy and glow while helping to smooth fine lines and wrinkles.

Start slowly, and only apply your retinol every third night at first. Then, increase to every other night, then every night once you know your skin can tolerate it. Dryness and flaking are occasional side effects when starting to use a retinol, but if you stick with it, you'll see the skin improvement is well worth it.

The proper skincare regimen is the key for healthy, youthful skin—we at the Dermatology and Skin Cancer Institute have specialized training that allows us to accurately diagnose your skin type and recommend the ideal skincare products.

Melanoma awareness

Did you know that regular total body skin exams can cut melanoma deaths by more than 50%?

When was the last time you've had your exam?

Call today to schedule your appointment.

Lansdale 215.361.3376 | Fort Washington 215.793.9755

Employee Spotlight: Patty Peer, Licensed Esthetician

Please welcome our newest team member. Patty! Patty brings with her over 20 years in the beauty industry. After retiring Prease vencture our inverse team memoer, ratiy; ratig unings with retire over 20 years in the beauty industry. After retiring from a corporate position at Protecte & Gamble, she chose to follow her great passion in skin care. Patty attended Metro Beauty Academy in Allentown, PA, and received her Esthetician License in 2013. She is trained in medical facials, microdermabrasion, chemical peels, microneedling, platelet-rich plasma, and dermaplaning.

Patty believes skin health is tantamount to overall health and focuses on enhancing esthetic treatments with medical science to deliver results and longevity for her patients. She is known for her warmth and caring personality as well as her keen ability to custom tailor treatment plans for her patients.







Dermatology & Skin Cancer Institute

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